

## The New Paradigm for Physical Immortality.

### An awakening weekend with Sondra and Markus Ray

Sondra and Markus have some astonishing views on what is possible: Moving to higher levels of being, developing Spirit Consciousness and embodying immortality.



*This weekend is about moving from the old paradigm into the new paradigm and embracing physical immortality.*

#### Friday June 7<sup>th</sup> 6 pm, to Sunday June 9<sup>th</sup> 6 pm.

In the New Paradigm we need to get unstuck from indifference, denial, dominance and control. We need to end suffering, fear, anger, competition, traditionalism and stuckness throughout the world - and work together to take care of our climate and resources ... starting with the climate and resources of our inner Self.

We need to live in a new frequency – with awareness of connection, spiritual growth, self-realization, ascension and community building on many different levels. We will have to recognize and acknowledge ourselves as Beings of Light, transmuting Divine Energies.

Our bodies are self-regenerating batteries that can be rejuvenated with spiritual practice. Sondra and Markus will teach us how to break the death habit and understand that death is optional – how to become a spiritual master and live as long as we choose. We will learn how to release genetic programming on aging and death and be shown the way to raise our vibrations so that we can ascend into more light.

Every day there will be a Liberation Breathing® session – liberating us from negative thoughts, mental or physical blocks, guilt, fear, and anger - and supporting us to dissolve into the light. Sondra and Markus are introducing the energy of the Divine Mother into the sessions. All the benefits of conscious breathing are joined with the blessings of the Divine Mother. This energy gives the deep spiritual help needed to make positive changes, and it is said to make the process nine times more powerful. One session will be in hot water which gives a unique possibility of a deep spiritual experience.

Sondra Ray is known as one of the most dynamic spiritual leaders of our day. She is recognized throughout the world as a spiritual teacher, author, rebirther, lecturer, and healer, with a renowned expertise in the area of relationships. Together with her husband Markus Ray she teaches all over the world with the fundament in A Course in Miracles, the teachings of the Master Avatar Babaji and The Divine Mother.

"I have never experienced Sondra as anything other than a beam of light." Marianne Williamson

**Time:** Friday June 7<sup>th</sup> 6 pm, to Sunday June 9<sup>th</sup> 6 pm.

**Place:** Marathonvej 14, 2300 S, Copenhagen

**Costs:** Dkr. 2250, -

**Information and booking:** Tove Jensen, [tove@detkompetentemenneske.dk](mailto:tove@detkompetentemenneske.dk) or +45 2988 3960